



Welcome to the first news letter of 2010!

Activity levels in the first calendar quarter are often quiet and this one certainly hasn't been any different. We have however been above our 20 year average for the period so it really depends on what you compare with. Internally we have been very active with strengthening systems and catching up on a host of matters that we hadn't previously had the time to attend to.

Going forward 2010 looks to be an improvement over 2009 and already activity has begun to show the green roots of recovery while oil prices and rig count continue to move in a positive direction.

In the past when global downturns have hit we have been more affected than we have this time around. We strongly believe that our QHSE commitment and our longevity in the business has been recognised and while activity has been lower it certainly could have been worse.

We often have to badger Contractors for information and enrolment onto various training schemes including our own web based competency offering, the net result of our persistence is that when we are audited by our clients the quality of our systems and data we store and distribute is clearly and abundantly head and shoulders above that of our competitors. Contractor participation in our

QHSE directives is critically important for WWG and we would like to thank all of you who suffer the torrent of document and information requests from our offices.

Summer in Europe is just around the corner..... We are all looking forward to industry pick up and a return to higher levels of activity.

Photo competition winner!

We have been a bit thin on the ground this quarter with regard to entries, so this quarter's winner is Paul Goodwin with a photograph of a land rig in Iraq. This photo was taken whilst he was on an assignment there last year (See above).

This year the prize is a Wellwise Group laptop bag. A rucksack style bag with pockets and compartments for your laptop, accessories and paperwork. Keep the photos coming, we hope to run this competition for the remainder of this year.



PNS sign up for our Competency Service

It is as important for Contractors to prove their Competence as it is for employees. As well as the Wellwise Group promoting their SQA accredited Competency Scheme to their own Contractors they are also offering their web based scheme to their Clients.

PNS Limited are the first to use our unique offering of providing an Oilfield Industry Competency Scheme to a third party company.

Andy Turner and Steve Cooper of PNS attended a 3-day Service Quality Coach Training Programme at the Wellwise Group premises at the end of last year, and have since enrolled several candidates from their own employees on our Scheme.

Andy Turner quotes:

"As a relatively new company PNS UK Limited are committed to providing our clients with the very best service quality throughout. It is of the upmost importance we are able to demonstrate our personnel are competent to carry out their tasks at Client Locations. We have formed an alliance with Wellwise Group to deliver competency training to our personnel via the Wellwise Group SQA approved competency scheme. Going forward we will also require to demonstrate to our clients contract personnel we utilise from the Wellwise Group are similarly competency qualified"

From left to right: Dan Pavitt – Wellwise Group; Andy Turner and Steve Cooper PNS Limited.



The quarterly news feed from the Wellwise Group

Club Communique

Sandy Gould announced the arrival of a new baby daughter, Karthryn Samantha on 28th December, 1009 at 2:36.

Darren East is the proud father of a new baby girl – Alannah Louise. "7lbs 13oz of pure sweetness" says her father. Alannah was born on 4th March, 2010.

Mark Elrick, Ian Kirkland and Juan Carlos Zambrano received a congratulations letter and MP3 player award from Exxon Mobil via Schlumberger, for excellent services performed and efforts made on an unconventional hydrocarbons project at the end of 2009 in Hungary.



Wayne Palmby – Service Line Manager and Tottenham Hotspur fan extraordinaire organised a day trip for the Wellwise Group male staff to have a VIP tour of White Hart Lane, and watch a match.

The day was enjoyed by all, and whilst they were touring the ground they met Harry Redknapp on the stairs and had the opportunity to say hello. They watched Tottenham play Aston Villa although there was a disappointing 0-0 draw.

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The best people offshore

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Aaron Childerhouse won a raffle prize which was presented by Spurs player Gareth Bale pictured below:



Wellwise Group HSE Documentation Requirements by Jo Abrey

Reference, CV, Next of Kin, Passport, Data Protection, Job Profile, Substance Abuse Policy, Health & Safety CD, Vantage Number, Training Certificate, Medical Certificate, appraisal, timesheet – and on and on!!!!

You guys must get really frustrated when we ask you to fill this in, return this, sign this, send this and then a few days later call again asking exactly the same until we receive all the paperwork we have asked for.

We really don't do this just to pass away the time between 09:00 – 17:00 Monday to Friday we do this because we REALLY do require these documents from you to help you.

You must also keep us updated with any information changes ie: new mobile number, address, next of kin name and contact number.

If there is an incident it is the duty of the Wellwise Group to contact your nearest and dearest – not the client you are working for – so please advise your next of kin/emergency contact details (and any updates) to us so we can get any messages through as quickly and efficiently as possible.

The information we request from you is required for lots of reasons for example:

- Your reference is required to confirm you are who you say you are, and that you can work to the skills level you say you can.
- Your Vantage number is required to prevent you working too many days offshore (North Sea) and allows clients to validate your safety certification.
- Your offshore survival certificate is required to prove to the check-in staff at the heliport and the other guys you are travelling with you are fully aware and capable of doing what is required if an emergency was to happen
- Your timesheet is required so we can get paid to pay you!

A lot of the information we require helps when we are putting names forward to our clients for jobs, if we have all the certification and paperwork we and our client requires it can make the difference from you going on a job or not. This is why it is also important not to let medicals and survivals renewal dates slip or think you can just get one more job in before completing the medical or the survival training – as you never know when the phone is going to ring and we need you to travel now!

So please when we ask you to sign this, complete this, read this and return this etc etc please remember the reason we are asking is for your benefit!

Please help us to help you.



Drugs and Alcohol - a Testing Decision

Drug and alcohol misuse at work can have serious consequences for safety, yet many companies do not enforce a policy on the issue.

The UK has a reputation for heavy drinking, and 3% of the UK population are reported as drug dependent. These issues are ever present challenges for business leaders.

Wellwise Group have been maintaining a formal Substance Abuse Policy since 2005. We insist that all our Contractors have a drug screen before they go to work for us and refresh the drug screen at each medical renewal. Although Clients operate a random drug and alcohol screen at the heliport, Wellwise Group feel it is important to identify problems before that stage – otherwise it can be damaging to our reputation.

Our standard at present is a 10 part drug screen which test for presence of the following substances:-

- **Ampethamines**
- **Benzodiazepines**
- **Cannabis**
- **Barbiturates**
- **Cocaine**
- **Methodone**
- **Opiates**
- **Phencyclidine (PCP)**
- **Methamphetamines**
- **Tricyclic Antidepressants (TCA)**

Some Contractors find it a “burden” to undergo a drug screen whilst having a medical, saying that it is not necessary as the Client carries out random drug screening, or the screen is “only a small point in time” and may not be a clear indication of an abuser. However, most drug screens will pick up the perpetual user, and the random screen before going offshore will stop people under the influence causing danger to themselves and others whilst at work. Wellwise Group need to show that they are doing everything “reasonably practicable” to prevent contractors who indulge in drug misuse from working for them. Would you want to work with a colleague who was less than 100% alert?

You know it makes sense – please ensure you book a drug screen with your next medical renewal.

Dan Pavitt – Blood Doner Silver Award



Dan Pavitt – Service Line for Proteus (Wellwise Group) has been donating blood for 30 years in a Church Hall in Lowestoft.

Dan had a serious Industrial accident in his twenties and was very grateful for the blood transfusions he was given at the time – he then made a decision to give some back! Generally three times per year he goes to give blood – however it is not always accepted – before giving blood they ask a series of questions, and if you have travelled to certain parts of the world within a period of time, or have had certain illnesses recently they cannot take your blood. When Dan was working offshore there were many times when he was unable to donate. However, now he is mostly office based (apart from the odd exotic holiday/business trip) he is able to give more. Unfortunately Dan does not have a rare blood group – but his humble “O” positive is always gratefully received.

Dan on his last visit has been awarded a Silver Award for donating 25 times – which is a milestone in blood donating terms.

Well Done Dan! Anybody else wishing to donate blood should contact National Bloodline on www.blood.co.uk or you can call 0300 123 23 23



Minimum Industry Safety Training - MIST For Experienced Offshore Workers

(New Requirement from 1st January 2010)

It has been recognized that a key component to achieving a reduction in hazards and accidents in the UK Offshore Industry is to improve safety training for all personnel. This is what the Minimum Industry Safety Training (MIST) has been designed to do. MIST is an e-learning Step Change in Safety initiative, developed in conjunction with OPITO, that highlights the industry's commitment to continually improving safety. The MIST programme ensures that anyone travelling offshore has the right training and skills to minimize hazards.

Experienced offshore workers may obtain the training on-line from www.petrolearn.com for a cost of £65.40. Log into the website and click on "MIST Licence Purchase" in the left hand column. Individuals can access this themselves from any network connection and purchase on-line using a secure credit card payment facility. You will first need a Vantage number which you will need to reference on-line. Once you have undertaken the training it will automatically update your Vantage Record (there is no certificate). MIST is valid for four years.

The MIST fast track tool works by assessing a learner's knowledge gaps under time bound conditions. The content of the course then delivered to the learner is based on their personal knowledge gaps.

MIST CONSISTS OF NINE MODULES AS FOLLOWS:

- Introduction to the Hazardous Offshore Environment
- Working Safely
- Understanding the Risk Assessment Process
- Tasks that require a Permit to Work
- Personal Responsibility in Maintaining Asset Integrity
- Using Manual Handling Techniques Every Day
- Controlling the Use of Hazardous Substances Offshore
- Knowledge and processes of Working at Height
- Being aware of Mechanical Lifting Activities

Don't be concerned if you have done some of this training before – it will just mean you complete the course much faster.

If you are not an experienced offshore worker than you will be able to undertake full MIST Training with Petans Limited, Norwich.

If you do not undertake this training you will be severely limited about where you can work in the North Sea.

Have you completed your MIST Training?

A day in the life of Bruce Ogilvie

Bruce Ogilvie has been contracting for the Wellwise Group as a Slickline Supervisor since August 2008. His nephew Mark Ogilvie recommended him to us. Before Bruce joined us he previously worked for Otis in Oman and has 22 years experience in the oilfield industry. In the past year he has worked in Angola, Tunisia, Morocco, Tanzania and Nigeria, in the future he would like to work in South America or the Far East. Some highlights of working abroad have been having elephants visit the staff house in the evening in Gabon, and watching Blue Whales off Angola.

Bruce lives in Scotland near Montrose, Angus. In his spare time he likes to visit historical sites around Scotland, visiting schools and telling the kids of their history. He also likes to paint 25mm lead soldiers – one day he hopes to make a model of a Jacobite battlefield. At the moment he has two armies numbering around 250 figures in each of the Jacobite and Hanovarian armies. Bruce also likes to don his kilt and promote Scottish History amongst his kinsmen with an historical group called the Jacobite Peavers! In his own words he explains.....

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A day in the life of Bruce Ogilvie (continued)



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"For many years I have been part of a historical group that portrays the Jacobite era of the 1700s. We dress as the Jacobite soldiers did back in the day and we visit Jacobite memorial sites on the anniversary of the event, we also go round schools giving the kids an insight on how it was in these days.

One year in the 1990s our group decided to do something for charity. We chose the battlefield at Culloden just outside Inverness for our event. As the memorial service to the battle landed on the date of the battle of Culloden 16th April we decided to sleep out on the moor the night before as the Jacobite army did on their failed night march to Nairn on the 15th April 1746. As with them we had no blankets nor sleeping attire but what we stood in, our plaids. We met on the evening of the 15th April at the Keppoch Inn which is actually situated on the battlefield itself.

We made our preparations for our sleep out by filling our bellies with as much ale and whisky as possible as it was going to be a long and cold night ahead. After the bar closed we made our way out onto the field and picked our spot around the Jacobite lines to the west of the field. I took off my plaid and laid it out on the heather then lay

down and wrapped myself in it. The ground was soft as we lay in deep heather which protected us from the April snow showers that passed overhead during the night.

I remember waking around 6am, there was a low mist surrounding the battlefield. Once I woke the rest of the lads woke one at a time standing up and taking in the atmosphere. It was a strange feeling, the hairs stood up on the back of my neck at the thought of all those years ago the Jacobite army were waking as we were on the very spot on that very day in 1746. Members of my clan and family being amongst their numbers. We got dressed back into our plaids and belted on our swords then made our way off the field.

A few years later on one of my annual visits to the memorial I heard a story of the ghosts of Culloden. A local woman was out walking her dog on the field at Culloden in the early hours of the 16th of April when her dog stopped dead in its tracks and started to snarl. She could not see for the mist but once it started to lift with the breeze she had the fright of her life. Before her across the field she saw a group of Jacobite soldiers advancing across the field some with swords and targes in hand. They just disappeared into the mist. What she did not know and we did not tell her that we in fact disappeared into the visitors centre to have a well deserved bacon roll.

I collected more than £600 for the Anthony Nolan Trust thanks to the generous donations from the guys working on the Stenna Dee which at the time was working off West of Shetland".

The photo is of the group that took part in the sleep out. The cheque is being presented to Bruce by the welfare committee rep from the Stenna Dee. The group is known as the Jacobite Peever's

Nice legs Bruce!

Do you have an unusual hobby – email us at theclub@wellwisegroup.com

